

Rappahannock Area



office on youth

SERVING YOUTH AND FAMILIES IN THE GREATER
RAPPAHANNOCK AREA FOR OVER 30 YEARS

SERVICE PROVIDER GUIDE
2021-2022

FREDERICKSBURG REGIONAL OFFICE

THE RAPPAHANNOCK AREA OFFICE ON YOUTH'S FREDERICKSBURG REGIONAL OFFICE IS THE MAIN HUB OF SERVICES FOR THE FREDERICKSBURG AREA. THIS DIVISION SERVES THE CITY OF FREDERICKSBURG AND THE COUNTIES OF CAROLINE, KING GEORGE, SPOTSYLVANIA, AND STAFFORD, AND HAS SERVED THE PLANNING DISTRICT SINCE 1989.

CONTACT INFORMATION

SANDY CORVIN

FREDERICKSBURG REGIONAL PROGRAM DIRECTOR
540.755.2636 EXT.213

MISSY FISHER

CASE MANAGER
540.755.2636 EXT. 211

JESSICA VARNER

CASE MANAGER
540.755.2636 EXT. 216

FREDERICKSBURG OFFICE

12000 KENNEDY LANE, SUITE 100
FREDERICKSBURG, VA 22407



COMMUNITY SERVICE WORK

- COMMUNITY BASED PROJECTS SUPERVISED BY AGENCY FACILITATORS OCCURRING THROUGHOUT THE REGION IN EACH LOCALITY
- PROJECTS OCCUR ON A ROTATING BASIS THROUGH PARTNERSHIPS WITH LOCAL NONPROFIT AGENCIES
- CLIENT FEES ARE BASED ON HOURS ORDERED:
UP TO 8 HRS \$15; 9-59 HRS- \$30; 60-100 HRS- \$50; 101-150 HRS - \$75; 151+ HRS - \$100

RESTORATIVE JUSTICE

- FACILITATED, CLASSROOM BASED PROGRAM
- CURRICULUM COMPONENTS INCLUDE RESTORATIVE JUSTICE COMPETENCY DEVELOPMENT AS IDENTIFIED WITHIN OJDP AND THE BALANCED AND RESOTRATIVE JUSTICE PROJECT (BARJ) WHILE LEARNING ABOUT ACCOUNTABILITY, EMPATHY, AND HEALTHY DECISION MAKING
- \$50 CLIENT FEE; 6 WEEKLY CLASS SESSIONS



PLEASE CONTACT THE FREDERICKSBURG OFFICE OR THE REFERRING AGENCY FOR QUESTIONS ON FEE PAYMENT OPTIONS OR ASSISTANCE.

ANGER MANAGEMENT

- FACILITATED, CLASSROOM BASED PROGRAM
- CURRICULUM INCLUDES IDENTIFYING TRIGGERS AND CUES TO ANGER AND COMPLETING A CONFLICT TRIGGER SCALE, DEVELOPING A PLAN TO KEEP ANGER FROM ESCALATING TO AGGRESSION, IDENTIFYING COST OF AGGRESSION AND INTRODUCING EFFECTIVE COPING SKILLS INCLUDING REFRAMING CONFLICT AND DECISIONAL BALANCE ACTIVITIES
- \$50 CLIENT FEE; 6 WEEKLY CLASS SESSIONS

SUBSTANCE ABUSE GROUP EDUCATION*

- FACILITATED GROUP EDUCATION PROGRAM FOCUSING ON THE EFFECTS OF SUBSTANCE USE ON THE BRAIN, COPING STRATEGIES, BUILDING RESILIENCY, CYCLE OF ADDICTION/RECOVERY, AND MOTIVATION FOR CHANGE
- \$60 CLIENT FEE; 5 WEEKLY CLASS SESSIONS

SUBSTANCE ABUSE GROUP EDUCATION & TREATMENT*

- SMALL GROUP TREATMENT PROGRAM ENCOURAGES YOUTH TO EXAMINE THE IMPACT OF SUBSTANCE USE ON THEIR LIVES AND EXPLORES WAYS TO MAKE CHANGES TO ALCOHOL AND DRUG USE
- GROUP SESSIONS FOCUS ON DEPENDENCE, ADDICTION, PRESCRIPTION DRUG USE, AND RECOVERY
- \$60 CLIENT FEE; 8 WEEKLY CLASS SESSIONS

**YOUTH REFERRED FOR A SUBSTANCE USE PROGRAM ARE PLACED BASED ON A CLINICAL ASSESSMENT COMPLETED DURING THE INTAKE APPOINTMENT*



DIVERSION PROGRAMS

RAOOY'S DIVERSION PROGRAMS ALLOW PARTICIPANTS TO COMPLETE COURT ORDERED SERVICES WITHIN THE TIMEFRAME SPECIFIED IN THEIR DIVERSION CONTRACT

RESTORATIVE JUSTICE-LARCENY

- EVIDENCE BASED PRACTICES, FACILITATED CURRICULUM FOCUSED ON LEARNING THE EFFECTS OF THEFT CRIMES AND VANDALISM ON THE COMMUNITY, OFFENDER ACCOUNTABILITY, AND DEVELOPING PRO-SOCIAL SKILLS
- \$40 CLIENT FEE; 4 WEEKLY SESSIONS
- \$45 CLIENT FEE FOR CLASS WITH UP TO 8 HOURS OF COMMUNITY SERVICE

VOISE

- EVIDENCE BASED PRACTICES, FACILITATED PROGRAM WITH THE FOCUS ON INCREASING SELF-AWARENESS, SELF-REGULATION, ACCOUNTABILITY, EFFECTIVE DECISION MAKING, PRO-SOCIAL SKILLS, AND EMPATHY
- \$35 CLIENT FEE; 2 SESSIONS
- \$40 CLIENT FEE FOR CLASS WITH UP TO 8 HOURS OF COMMUNITY SERVICE

RESIDENTIAL SERVICES

THE RAPPAHANNOCK AREA OFFICE ON YOUTH'S RESIDENTIAL SERVICES OVERSEES THE CHAPLIN YOUTH CENTER, A 12 BED, COMMUNITY BASED, COED RESIDENTIAL FACILITY SERVING YOUTH AGES 12-17. IT IS LICENSED BY THE DEPARTMENT OF JUVENILE JUSTICE. CHAPLIN PROVIDES 24 HOUR SUPERVISION IN A SAFE AND STRUCTURED ENVIRONMENT, IN WHICH RESIDENTS ARE EMPOWERED WITH BEHAVIOR MODIFICATION TOOLS THAT FACILITATE THE DEVELOPMENT OF HEALTHY AND PRODUCTIVE PATTERNS OF BEHAVIOR.

CONTACT INFORMATION

TOM KEATING

RESIDENTIAL SERVICES DIRECTOR
540.371.0590 EXT. 102

JESSICA WINCE

ASSISTANT RESIDENTIAL SERVICES DIRECTOR
540.371.0590 EXT. 104

CHAPLIN YOUTH CENTER

125 HOT TOP ROAD
FREDERICKSBURG, VA 22405



SHELTER CARE SERVICES

- YOUTH MUST BE COURT ORDERED OR ORDERED VIA A SHELTER CARE ORDER BY AN INTAKE OFFICER
- A RETURN COURT DATE MUST BE SET FOR DISCHARGE OF THE YOUTH OR THE CSU MUST REQUEST FOR RELEASE AUTHORITY WHEN THE YOUTH IS INITIALLY ORDERED INTO SHELTER CARE

POST-DISPOSITIONAL GROUP HOME

- A 6-12 MONTH PROGRAM FOR COURT-INVOLVED YOUTH WHO REQUIRE INTENSIVE BEHAVIOR MODIFICATION
- PROGRAM IS DESIGNED TO PROMOTE POSITIVE CHANGES IN DECISION MAKING SKILLS WHILE ALSO DEVELOPING COPING SKILLS, ANGER MANAGEMENT, AND LIFE SKILLS
- A REFERRAL FROM A REGIONAL AGENCY OR COMMUNITY PARTNER IS REQUIRED, AND INVOLVES A PRE-PLACEMENT APPLICATION AND INTERVIEW PROCESS TO DETERMINE THE APPROPRIATENESS OF PLACEMENT

ROOM & BOARD FEES ARE \$250 PER DAY FOR THE CITY OF FREDERICKSBURG, SPOTSYLVANIA COUNTY, & STAFFORD COUNTY. OUTSIDE LOCALITY FEES ARE \$275 PER DAY.

SERVICES OFFERED

- INDIVIDUAL SERVICE PLANS
- PSYCHOSOCIAL EDUCATIONAL GROUPS
- LEADERSHIP DEVELOPMENT
- LIFE SKILL EDUCATION
- COMMUNITY SERVICE ACTIVITIES
- STRUCTURED RECREATION
- WEEKLY SELF-HELP GROUPS
- VOCATIONAL & EDUCATIONAL ASSISTANCE
- ASSISTANCE WITH JOB READINESS SKILLS & JOB OBTAINMENT

NORTHERN NECK REGIONAL OFFICE

THE RAPPAHANNOCK AREA OFFICE ON YOUTH'S NORTHERN NECK REGIONAL OFFICE SERVES THE COUNTIES OF ESSEX, LANCASTER, NORTHUMBERLAND, RICHMOND, AND WESTMORELAND. PROGRAMS OFFERED THROUGH THIS DIVISION INCLUDE COMMUNITY SERVICE WORK, ELECTRONIC MONITORING, AND LIFE SKILLS. SERVICES TARGET CHINS, DIVERSION, PROBATION, AND PAROLE REFERRALS.

CONTACT INFORMATION

MIKE MACNAMARA

NORTHERN NECK PROGRAM DIRECTOR
540.847.2102

MALCOLM WELDON

PROGRAM SPECIALIST
540.847.1026

NORTHERN NECK OFFICE

5575 RICHMOND ROAD
WARSAW, VA 22572





COMMUNITY SERVICE WORK

- COMMUNITY BASED PROJECTS SUPERVISED BY AGENCY FACILITATORS OCCURRING THROUGHOUT THE REGION

LIFE SKILLS PROGRAM

- ACTIVITIES FOCUS ON LIFE SKILLS DEVELOPMENT INCLUDING EMPLOYMENT, ACADEMICS, SOCIAL SKILLS, AND BEHAVIOR MANAGEMENT
- INCORPORATES THE "DECISION POINTS" CURRICULUM, AN EVIDENCE BASED PROGRAM TO IMPROVE DECISION MAKING SKILLS LEADING TO BETTER OUTCOMES

ELECTRONIC MONITORING & SURVEILLANCE PROGRAM

- COMMUNITY BASED ALTERNATIVE TO SECURE DETENTION FOR LOW AND MODERATE RISK CLIENTS PENDING A COURT APPEARANCE
- PARTICIPANTS ARE FITTED WITH A MONITORING SYSTEM AND RECEIVE REGULAR VISITS FROM AN AGENCY FACILITATOR TO MONITOR COMPLIANCE

REFERRALS

REFERRALS FROM A REGIONAL AGENCY OR COMMUNITY PARTNER ARE ACCEPTED FOR THE FREDERICKSBURG AND NORTHERN NECK REGIONAL OFFICES.

FREDERICKSBURG REGIONAL OFFICE

SPOTSYLVANIA COUNTY REFERRALS

MISSY FISHER 540.755.2636 EXT. 211

MISSY@OFFICEONYOUTH.ORG

*CITY OF FREDERICKSBURG, KING GEORGE COUNTY,
& STAFFORD COUNTY REFERRALS*

JESSICA VARNER 540.755.2636 EXT. 216

JESSICA@OFFICEONYOUTH.ORG

NORTHERN NECK REGIONAL OFFICE

MIKE MACNAMARA 540.847.2102

MIKE@OFFICEONYOUTH.ORG

RESIDENTIAL SERVICES

REFERRALS FROM A REGIONAL AGENCY OR COMMUNITY PARTNER ARE ACCEPTED. THE RESIDENTIAL REFERRAL PROCESS INVOLVES A PRE-PLACEMENT APPLICATION AND INTERVIEW TO DETERMINE THE APPROPRIATENESS OF PLACEMENT.

TOM KEATING 540.371.0590 EXT. 102

TOM.KEATING@CHAPLINYOUTHCENTER.ORG

TRAININGS

THE POVERTY SIMULATION

THE COMMUNITY ACTION POVERTY SIMULATION (CAPS) BRIDGES THAT GAP FROM MISCONCEPTION TO UNDERSTANDING THE REALITY FOR MANY INDIVIDUALS AND FAMILIES EXPERIENCING POVERTY. CAPS IS AN INTERACTIVE IMMERSION EXPERIENCE. IT SENSITIZES COMMUNITY PARTICIPANTS TO THE REALITIES OF POVERTY AND HELPS IDENTIFY AREAS OF CHANGE THAT CAN DIRECTLY IMPACT THE EFFECTS OF POVERTY ON INDIVIDUALS, FAMILIES, AND COMMUNITIES.

RESTORATIVE PRACTICES IN EDUCATION

THE RESTORATIVE PRACTICES IN EDUCATION TRAINING PROVIDES LEARNING AND GUIDED DEVELOPMENT OF A WHOLE SCHOOL PLAN TO BRING THE PHILOSOPHY AND PRINCIPLES OF RESTORATIVE PRACTICES IN SCHOOLS. RAOOY FACILITATORS WORK ALONGSIDE AND GUIDE THE RESTORATIVE PRACTICE TEAM THROUGH MULTIPLE SESSIONS IN DEVELOPMENT OF THE WHOLE SCHOOL PLAN, AND ESTABLISH A WORKABLE AND REASONABLE TIMELINE FOR IMPLEMENTATION.

**FOR ADDITIONAL INFORMATION ON TRAININGS, PLEASE CONTACT
SANDY CORVIN 540.755.2636 EXT. 213; SANDY@OFFICEONYOUTH.ORG
OR VISIT OUR WEBSITE WWW.OFFICEONYOUTH.ORG**

CONTACT INFORMATION

ADMINISTRATIVE SUPPORT

DAVY FEARON, EXECUTIVE DIRECTOR

540.755.2636 EXT. 201; DAVY@OFFICEONYOUTH.ORG

AMY DEMATTEO, OPERATIONS MANAGER

540.755.2636 EXT. 200; AMY@OFFICEONYOUTH.ORG

MELANIE LEE, ADMINISTRATIVE PROJECT SPECIALIST

540.755.2636 EXT. 203; MELANIE@OFFICEONYOUTH.ORG



PROGRAM INFORMATION AND FEEDBACK

CHAPLIN YOUTH CENTER

TOM KEATING 540.371.0590 EXT. 102; TOM.KEATING@CHAPLINYOUTHCENTER.ORG

FREDERICKSBURG REGIONAL OFFICE

SANDY CORVIN 540.755.2636 EXT. 213; SANDY@OFFICEONYOUTH.ORG

NORTHERN NECK REGIONAL OFFICE

MIKE MACNAMARA 540.847.2102; MIKE@OFFICEONYOUTH.ORG

PARTNERSHIPS

DAVY FEARON 540.755.2636 EXT. 201; DAVY@OFFICEONYOUTH.ORG

COMMUNITY SERVICE FACILITATORS

COMMUNITY SERVICE FACILITATORS CAN BE REACHED DURING PROJECTS ON THE FOLLOWING NUMBERS (SATURDAYS 7:45AM-3:30PM)

540.847.2021/540.847.6175

RAPPAHANNOCK AREA YOUTH SERVICES AND GROUP HOME COMMISSION

THE ACTIVITIES OF THE OFFICE ON YOUTH ARE LED BY THE EXECUTIVE DIRECTOR WHO RECEIVES OVERSIGHT FROM THE RAPPAHANNOCK AREA YOUTH SERVICES AND GROUP HOME COMMISSION. OUR COMMISSION IS COMPRISED OF MEMBERS APPOINTED BY EACH LOCALITY OF OUR MAIN SERVICE AREAS.

CITY OF FREDERICKSBURG

DR. TIMOTHY DUFFY

FREDERICKSBURG CITY COUNCIL
REPRESENTATIVE

MR. MARK WHITLEY

ASSISTANT CITY MANAGER

SPOTSYLVANIA COUNTY

DR. DEBORAH FRAIZER

SPOTSYLVANIA COUNTY BOARD OF
SUPERVISORS

MS. AMY SWIFT

DIRECTOR OF SOCIAL SERVICES
SPOTSYLVANIA COUNTY

STAFFORD COUNTY

MR. GARY SNELLINGS

STAFFORD COUNTY BOARD OF SUPERVISORS

MS. DONNA KRAUSS

DEPUTY COUNTY ADMINISTRATOR
STAFFORD COUNTY

ADVISORY COUNCIL REPRESENTATIVE

DR. GEORGE HUMMER

EXECUTIVE DIRECTOR OF STUDENT SERVICES
AND SPECIAL EDUCATION
STAFFORD COUNTY PUBLIC SCHOOLS

ADMINISTRATIVE CONTACT

MR. BRENDAN HEFTY

LEGAL COUNSEL



www.officeonyouth.org



REV. 10/2021